

A background photograph of a sunny outdoor campus scene. In the foreground, several students are sitting at small metal tables, some using laptops. A young woman in a bright green shirt is smiling while holding a pink water bottle. Next to her, a young man in a blue shirt is looking at a laptop. In the background, more students are walking along a path, and there are lush green trees and a brick building. A semi-transparent purple rectangle is overlaid on the right side of the image, containing white and yellow text.

Lord, Hear My Prayer

31-DAY PRAYER GUIDE
FOR FAMILIES OF COLLEGE STUDENTS
OLIVET NAZARENE UNIVERSITY

Dear Parent,

The transition from high school to college is likely an emotional rollercoaster for your student. The very things that excite him or her the most — increased independence, infinite possibilities, untold adventures, new friends, etc. — can also be the source of uneasiness, or even fear.

No doubt, you are also working through your own set up emotional ups and downs. When the real letting go begins, you suddenly question if you've done and said all the right things, and whether or not your student will remember your guidance as they find their own way in the "real world."

In truth, your student will never travel beyond the distance your prayers can reach. Through the years, and across the miles, your influence can remain unhindered because of the power in prayer. ■

This devotional booklet is a collection of verses and prayers that can guide your thoughts through this very important transition.

We encourage you to substitute your student's name wherever the text reads "your student."



All scriptures from the
New Living Translation,
Tyndale Publishing,
Carol Stream, Illinois.



Day 1

THEME:

Vision

PRAYER:

Most powerful God,
create a vision of the future
for (my student) that
(he or she) might know
and see and follow the plan
You have for them.

NOTES:

A person stands in silhouette on a dark, rocky hill, looking up at a vast night sky. The Milky Way galaxy is visible, stretching across the sky with a vibrant pink and purple hue. The sky is filled with numerous stars, and the overall scene is dark and atmospheric.

IN THE BEGINNING
GOD CREATED
THE HEAVENS
AND THE EARTH.

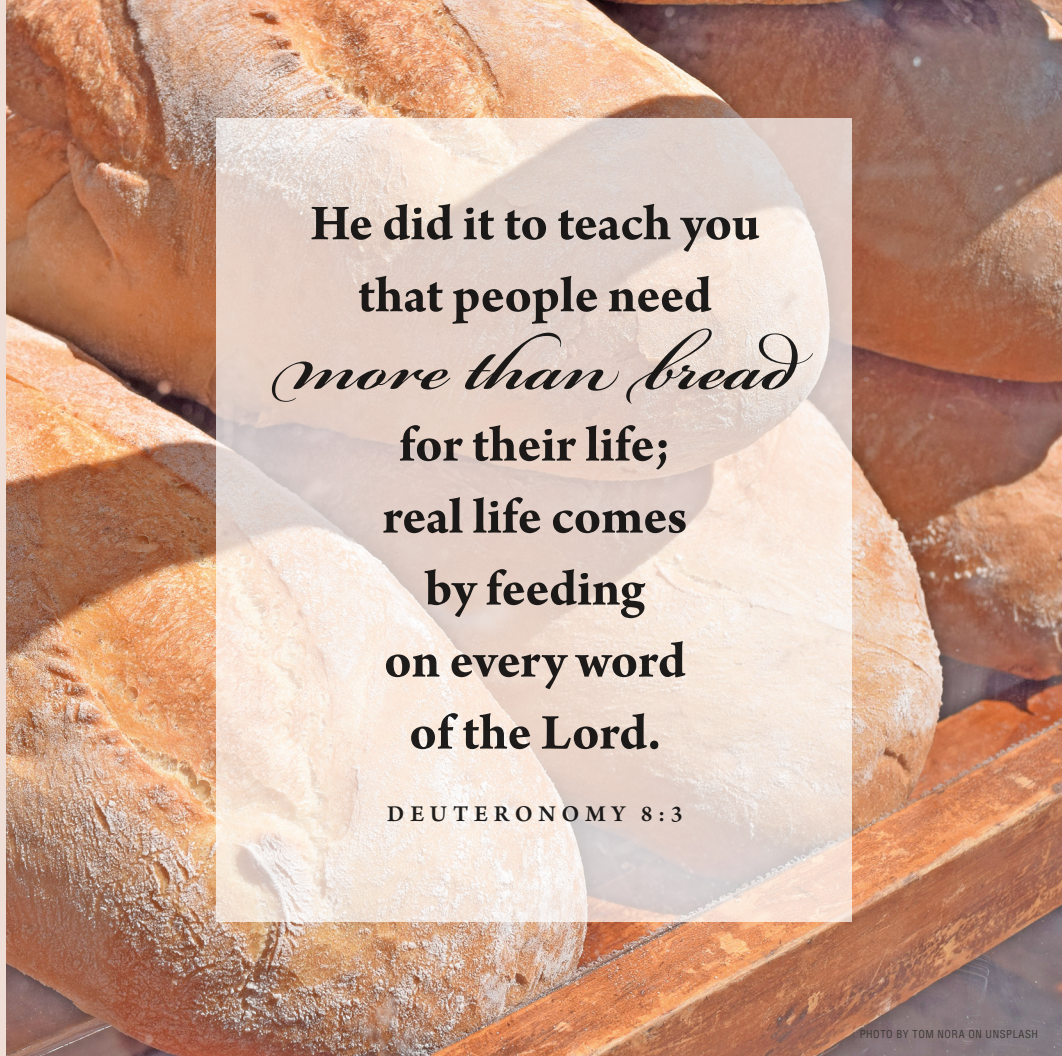
GENESIS 1:1

Day 2

THEME:
Spiritual Food

PRAYER:
O God, may (my student) know
the sustaining nourishment that comes
when (he or she) reads your Word.

NOTES:



**He did it to teach you
that people need
more than bread
for their life;
real life comes
by feeding
on every word
of the Lord.**

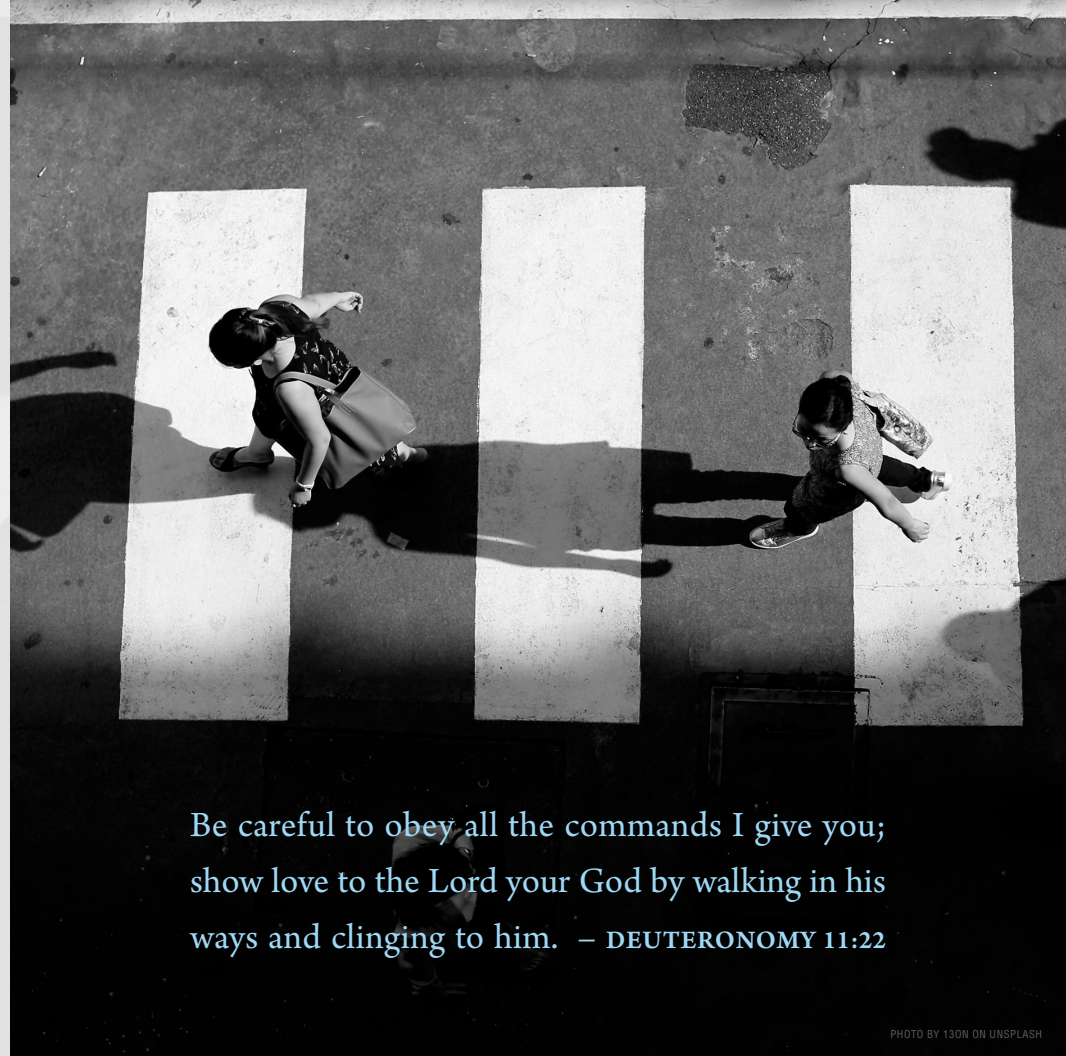
DEUTERONOMY 8:3

DAY 3

Theme: **Obedience**

Prayer: Holy Spirit, empower (my student)
to obey your teaching and to follow
your direction.

Notes: _____



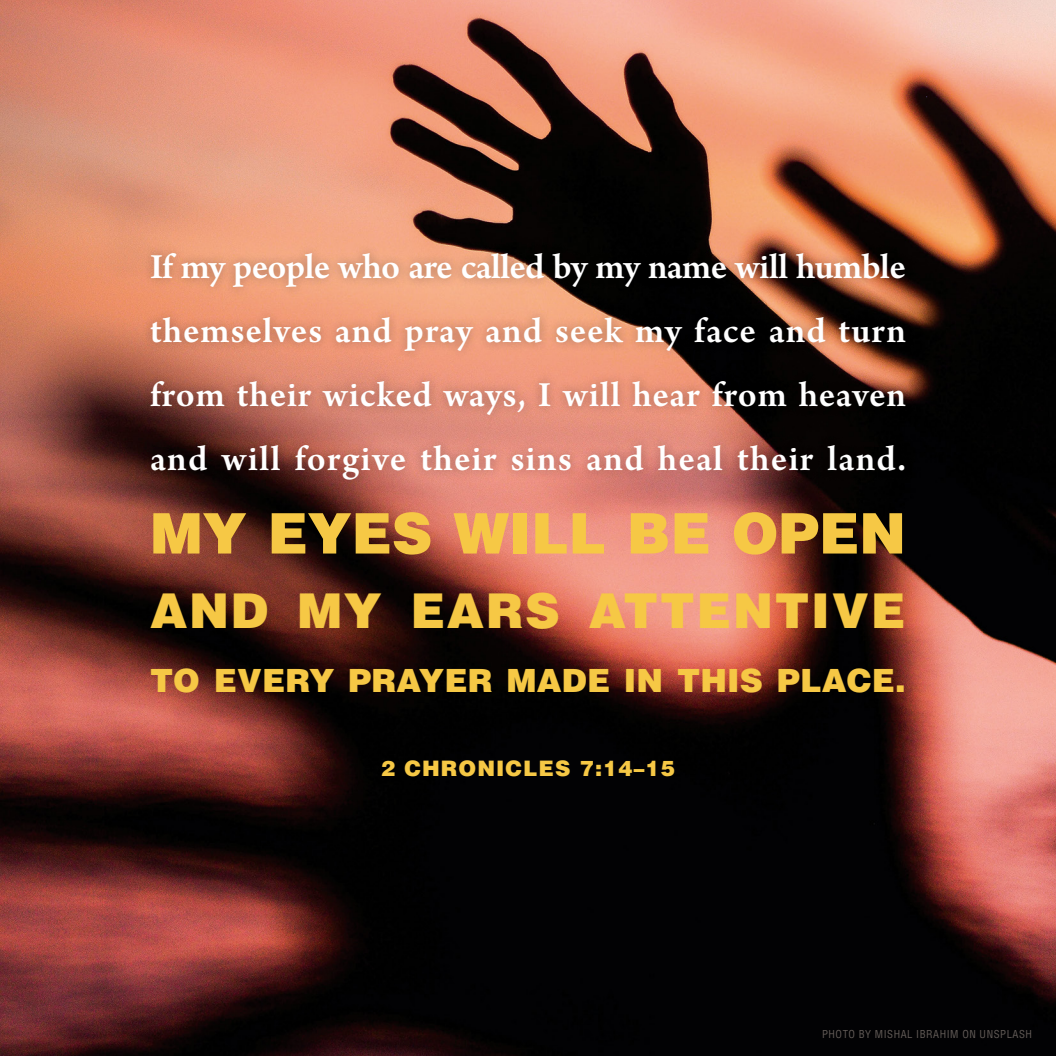
Be careful to obey all the commands I give you;
show love to the Lord your God by walking in his
ways and clinging to him. – DEUTERONOMY 11:22

DAY 4

Theme: Humility

Prayer: Father, may (my student) live humbly, with knees bowed and face lifted to You, so that (he or she) may live confidently as a child of God.

Notes:



If my people who are called by my name will humble themselves and pray and seek my face and turn from their wicked ways, I will hear from heaven and will forgive their sins and heal their land.

**MY EYES WILL BE OPEN
AND MY EARS ATTENTIVE
TO EVERY PRAYER MADE IN THIS PLACE.**

2 CHRONICLES 7:14-15

Day 5

THEME

**Passion
for the
Word
of God**

PRAYER

Reveal to (my student)
the blessings that come
from living a life that has
been led by your Word.

NOTES

For the gracious hand of his God was on him.

**THIS WAS BECAUSE EZRA HAD DETERMINED TO STUDY
AND OBEY THE LAW OF THE LORD AND TO TEACH THOSE
LAWS AND REGULATIONS TO THE PEOPLE OF ISRAEL.**

EZRA 7:9-10



[Day 6]

Theme ▶ **Protection**

Prayer ▶ Keep your gracious hand on
(my student) and protect
(my student) from the enemy.

Notes ▶ _____



[I FELT ENCOURAGED BECAUSE THE GRACIOUS
HAND OF THE LORD MY GOD WAS ON ME.]

– Ezra 7:28

Day 7


THEME

Boldness

PRAYER

Lord, help (my student) to discern what it is that You want (him or her) to do with (his or her) life. May (he or she) boldly set about doing that.

NOTES



If you keep quiet
at a time like this,
deliverance for the
Jews will arise from
some other place.
What's more, who
can say but that you
have been elevated
to the palace for just
such a time as this?

ESTHER 4:14

DAY 8

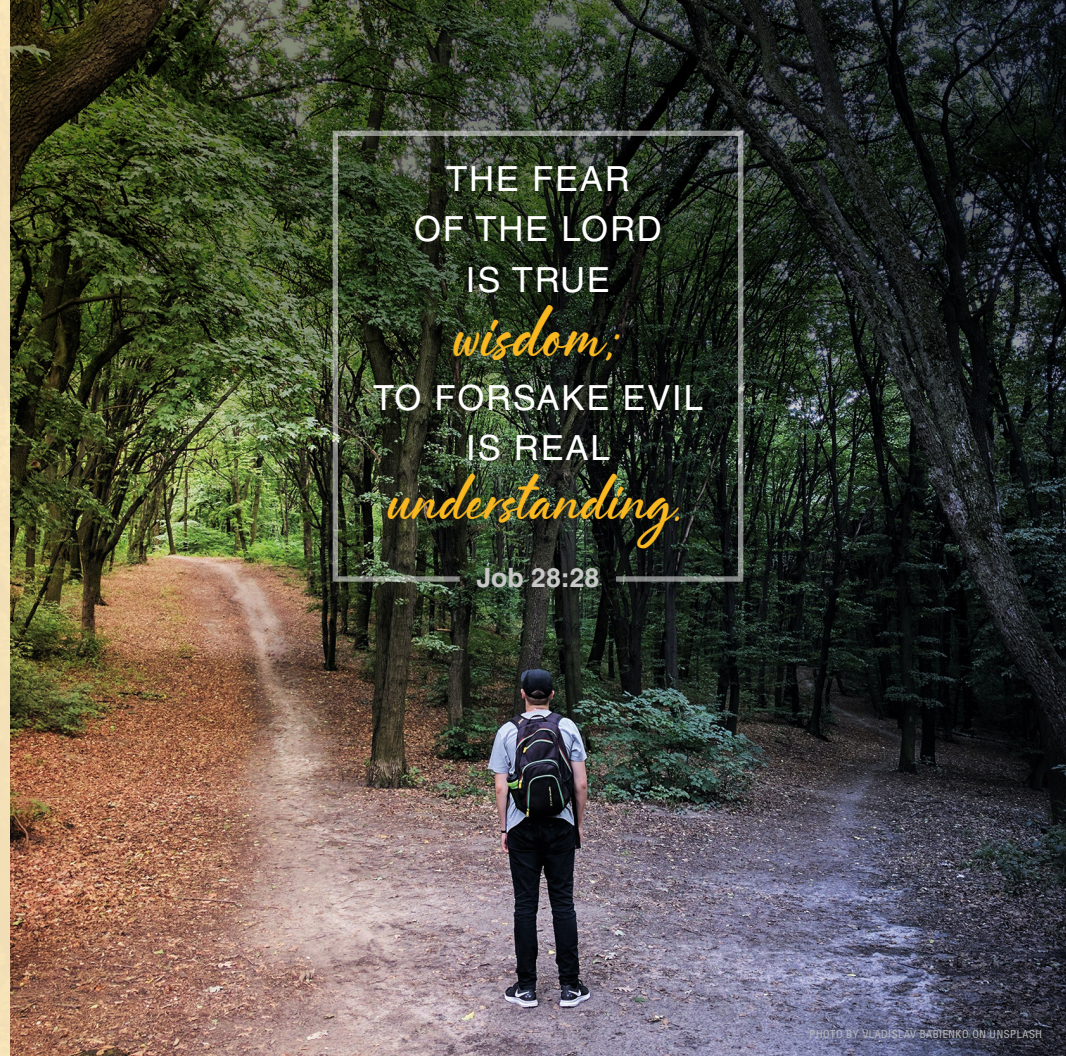
THEME: Forsaking Evil

PRAYER: Father, may (my student) make clear choices for righteousness and for godliness. And may (he or she) know the joy of having drawn a line in the sand.

NOTES:

THE FEAR
OF THE LORD
IS TRUE
wisdom;
TO FORSAKE EVIL
IS REAL
understanding.

Job 28:28



Day 9

Theme: **Safety**

Prayer: I place (my student) in your
hands to watch over and
to protect.

Notes: _____

Keep me safe,
O God,
for I have
come to you
for refuge.

PSALM 16:1

Day 10

THEME:

Temptation

PRAYER:

Uphold (my student),
when (he or she) is facing
the darts and arrows
of temptation.

NOTES:

They attacked me at a moment

when I was weakest,

but the Lord upheld me.

Psalm 18:18



Day 11

THEME:

Standing Strong

PRAYER:

Jesus, pioneer of our faith, show (my student)
the way to live free from the dominating effects
and control of sin in (his or her) life.

NOTES:

KEEP YOUR SERVANT FROM DELIBERATE SINS!

DON'T LET THEM CONTROL ME.

THEN I WILL BE FREE OF GUILT AND
INNOCENT OF GREAT SIN.

Psalm 19:2



Day 12

THEME: Guidance

PRAYER:

Holy Spirit, guide (my student) along
the best pathway for (his or her) life.

Keep watch over (his or her) life.

NOTES:

THE LORD SAYS, I will guide you
along the best pathway for your life.

I will advise you and watch over you.

PSALM 32:8



DAY 13

THEME:
Living Lightly

PRAYER:
O God, may (my student)
give all of (his or her)
burdens to You and live
under your care.

NOTES:



**GIVE YOUR BURDENS
TO THE LORD,
AND HE WILL
TAKE CARE OF YOU.**

**HE WILL NOT PERMIT
THE GODLY
TO SLIP AND FALL.**

PSALM 55:22

Day 14

THEME: Worship

PRAYER: Direct the feet of
(my student) to your
sanctuary to worship
that you might be praised
and that (he or she)
might walk in your light.

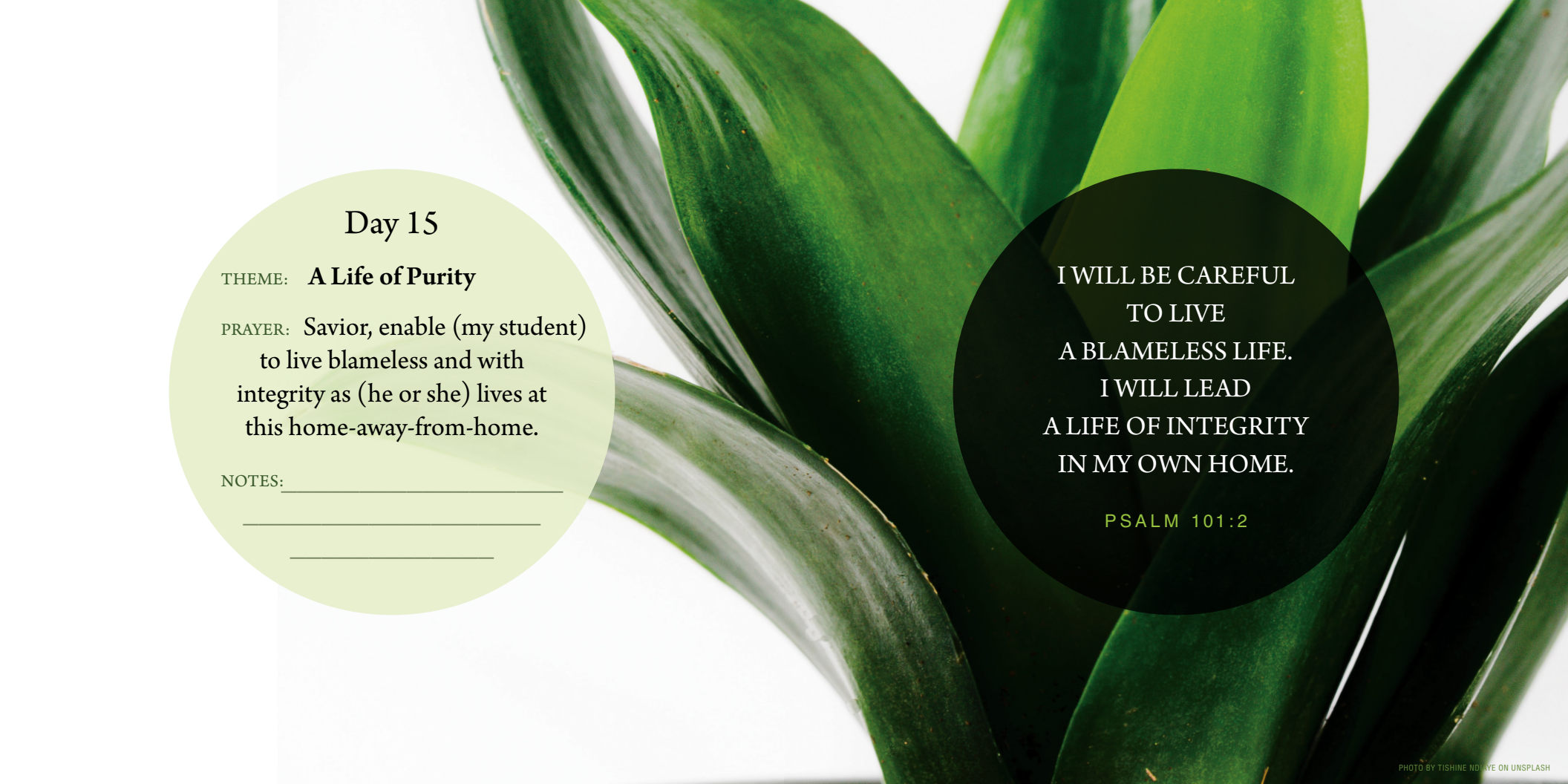
NOTES: _____

Happy are those who hear

**THE JOYFUL CALL TO WORSHIP,
FOR THEY WILL WALK IN THE LIGHT
OF YOUR PRESENCE, LORD.**

— PSALM 89:15 —





Day 15

THEME: **A Life of Purity**

PRAYER: Savior, enable (my student)
to live blameless and with
integrity as (he or she) lives at
this home-away-from-home.

NOTES: _____

I WILL BE CAREFUL
TO LIVE
A BLAMELESS LIFE.
I WILL LEAD
A LIFE OF INTEGRITY
IN MY OWN HOME.

PSALM 101:2

DAY 16

Theme:

A Spiritual Memory

Prayer:

Come to our aid, O God, and let
the memories of what we taught
(my student) come flooding to
(his or her) memory that
(he or she) would live victoriously
in that new place.

Notes:



**YET HOW QUICKLY THEY FORGOT WHAT
HE HAD DONE! THEY WOULDN'T WAIT
FOR HIS COUNSEL! IN THE WILDERNESS
THEIR DESIRES RAN WILD, TESTING GOD'S
PATIENCE IN THAT DRY WASTELAND.**

Psalm 106:13-14

DAY 17

THEME: Godly Instructors

PRAYER: Father, grant your wisdom to those professors and instructors who will lead (my student).

NOTES:

**A wise teacher's words
spur students to
action and emphasize
important truths.**

– ECCLESIASTES 12:11




DAY 18

THEME: **Security**

PRAYER: Holy Spirit grant contentment and security to (name) that (he or she) will be overcome with the feeling of your safekeeping.

NOTES: _____



For I know the plans I have for you,
says the Lord. They are plans
for good and not for disaster,
to give you a future and a hope.

JEREMIAH 29:11

Day 19

Theme:

Tenderhearted

Prayer:

Dear Jesus, may (student's name)
have a tender, responsive heart to your
Word and plan for (his or her) life.

Notes:

And I will give them

**SINGLENES OF HEART AND
PUT A NEW SPIRIT WITHIN THEM.**

I will take away

**THEIR STONY, STUBBORN HEART
AND GIVE THEM A TENDER,
RESPONSIVE HEART.**



Ezekiel 11:19

DAY 20

THEME: **Devoted to God**

PRAYER: God who hears our prayers,
may there be a usual place where
(student's name) meets with You
for worship and for prayer.

NOTES:

**DANIEL WENT HOME AND
KNELT DOWN AS USUAL
IN HIS UPSTAIRS ROOM.**

DANIEL 6:10

Day 21

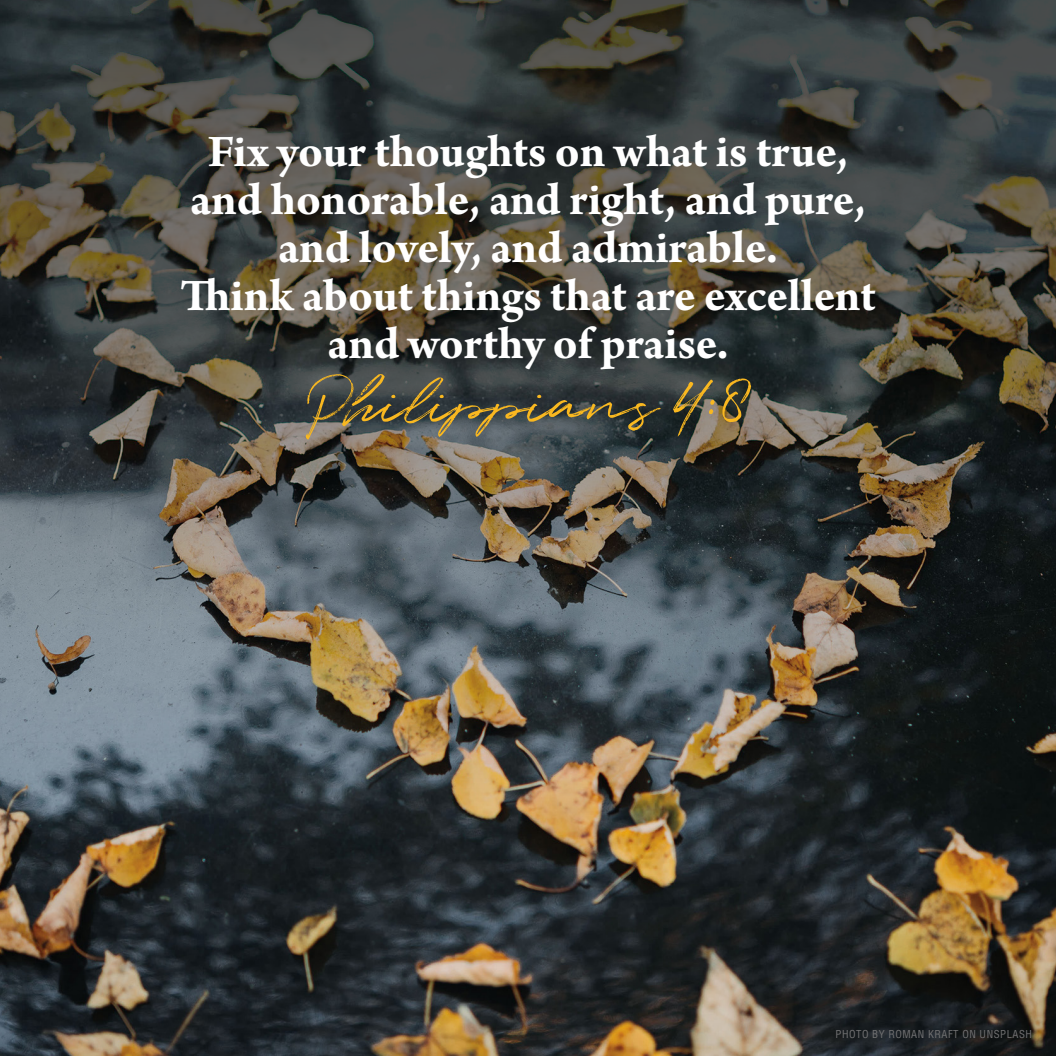
THEME ▶

Misguided Love

PRAYER ▶

May it well be said
that (student's name)
loves the right One,
the right things, and
with the right passion.

NOTES ▶



**Fix your thoughts on what is true,
and honorable, and right, and pure,
and lovely, and admirable.
Think about things that are excellent
and worthy of praise.**

Philippians 4:8

Day 22

THEME:
Restoration of Hope

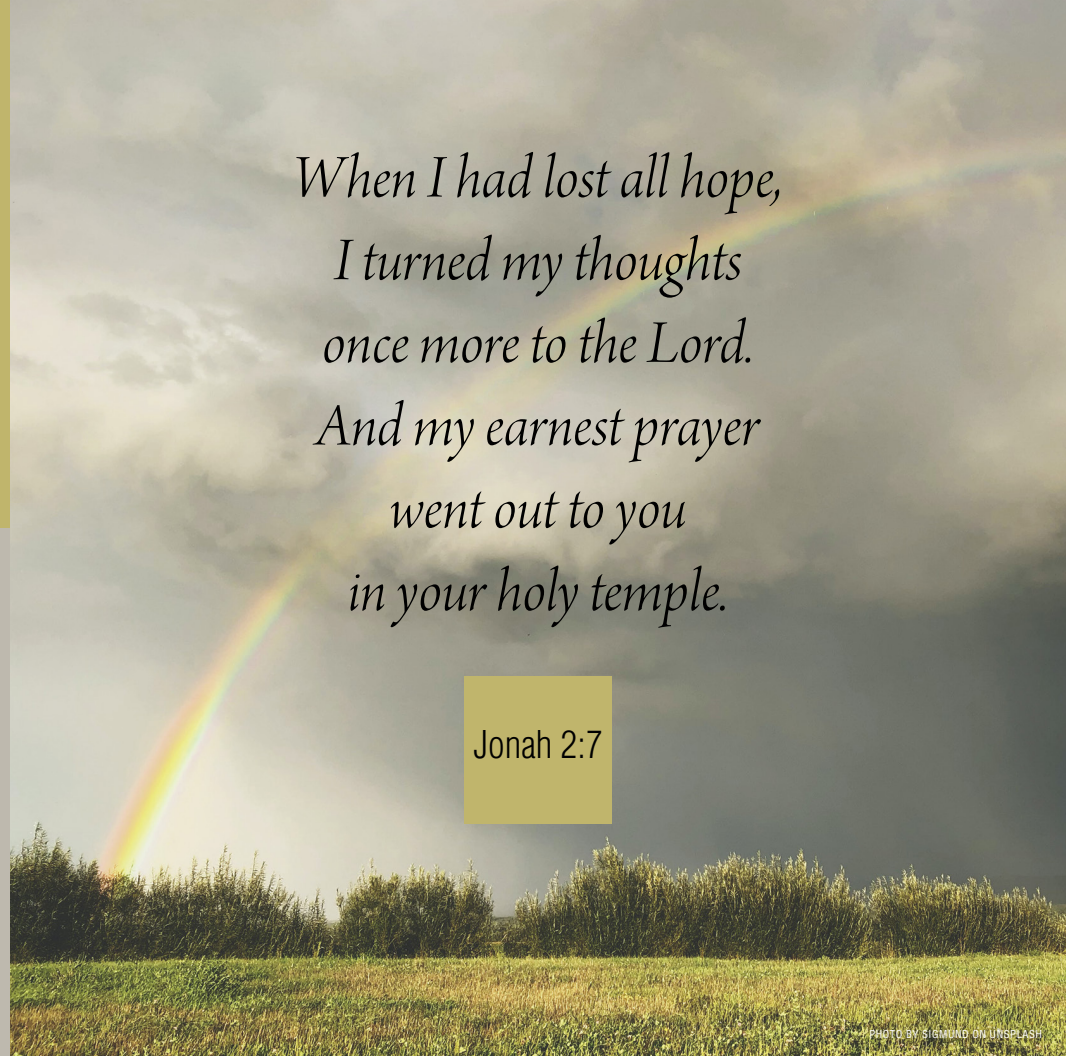
PRAYER:

Blessed Counselor, on those
days when (my student)
is discouraged and wants to
give up, I pray that (he or she)
will turn to You
in earnest prayer.

NOTES:

*When I had lost all hope,
I turned my thoughts
once more to the Lord.
And my earnest prayer
went out to you
in your holy temple.*

Jonah 2:7



DAY: **23**

THEME: **Strength in the Lord**

PRAYER: In spite of numerous temptations and trials, protect (student's name) from compromise and surrender and reward (his or her) attempts to follow You.

NOTES: _____

Even though
the nations around us worship idols,
we will follow the Lord our God

forever and ever. – MICAH 4:5



DAY 24

THEME: **God-dependent**

PRAYER: Check (student's
name) when (he or she)
becomes too self-sufficient.
May (he or she) realize
(his or her) need for You.

NOTES: _____



Day 25

THEME:

A Servant's Heart

PRAYER:

Like Jesus, our example,
may (student's name) learn
the joy and satisfaction that
comes from serving others
with love.

NOTES:



*Whoever wants to be a leader among you must be your servant,
and whoever wants to be first must become your slave.*

MATTHEW 20:26-27

Day 26

THEME:

Yielding to the Spirit

PRAYER:

Grant strength to (student's name)
to yield to the Spirit, not to the flesh.
May (he or she) be guided from above,
not from below.

NOTES:

A close-up photograph of a person's hands holding an open Bible. The right page is visible, showing the text of Matthew 26:41. The text is overlaid in white and black. The background is a soft, out-of-focus outdoor scene with warm lighting.

KEEP ALERT AND PRAY.

OTHERWISE TEMPTATION
WILL OVERPOWER YOU.
FOR THOUGH THE SPIRIT
IS WILLING ENOUGH,
THE BODY IS WEAK.

MATTHEW 26:41

DAY
27

THEME:

Obedience

PRAYER:

May (student's name) know the stability
that comes from living obedient to the
impulses of the Spirit.

NOTES:



SO WHY DO YOU CALL ME “LORD”
WHEN YOU WON’T OBEY ME?

— LUKE 6:46 —

THEME: **Pure and Holy**

PRAYER: Make (student's name) pure and
holy by teaching (him or her)
your words of truth.

NOTES:

DAY 28

*Make them pure
and holy
by teaching
them your
words of truth.*

JOHN 17:17

DAY:

29

THEME:

Guilt Free

PRAYER: Protect the mind and heart of (student's name)
that (he or she) might live in the knowledge
that (he or she) has been set free in Christ.

NOTES:

everyone

who believes in him
is freed from all guilt
and declared right
with God.



ACTS 13:39

DAY

30

THEME

God's "Well Done"

PRAYER

Sensitize (student's name) to take (his or her) cue from You and to desire your pleasure with their life.

NOTES

WHEN PEOPLE COMMEND THEMSELVES,
IT DOESN'T COUNT FOR MUCH.

*The important thing
is for the Lord
to commend them.*

2 CORINTHIANS 10:18



DAY 31

THEME: Be Transformed

PRAYER: Mold my (son/daughter) into
the person Christ died
for (him or her) to become.

NOTES: _____



Don't copy the behavior and
customs of this world,
**BUT LET GOD
TRANSFORM YOU**
into a new person by
changing the way you think.

ROMANS 12:2



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